

# 5) --KNITTED HEADBAND — finished size 20 to 21"

Acrylic worsted weight yarn: black: DARK brown, DARK camouflage, DARK olive green and DARK tan .

Can use 6, then 8 size needles or 7 then 9 size needles; tapestry needle

Cast on 20 st for 1 strand, 16 st for 2 strands with smaller needle.

Knit one row with smaller needle, then switch to larger.

K every row, until the band is 14 or 15 inches long.

Switch to smaller needle for ribbing, neck area.

K2, P2 in ribbing across. Continue for 6 inches.

Bind off, and weave or sew together, stretching ribbing to fit band.

Thank you for volunteering.

OPERATION TOASTY TOES, Chapter 7

Patricia-Lee Pirog, chairlady

Leslie Skowronek, co-chairlady

E-mail: [Info@OperationToastyToes.org](mailto:Info@OperationToastyToes.org)

<http://www.operationtoastytoes.org>